

# *Model Hair Diaries*



After hundreds of shows for Fashion Month, these hair care essentials are on every model's must-have list

Fashion models hair and scalp are put through the ringer especially during fashion week. To ensure their hair is healthy and the perfect canvas for hair stylists to execute the fashion trends, here is a list of models top five must have hair care essentials.

*By Brittany Chambers*

## 1. YSPARK HAIR BRUSH - BEETLE - LUSTER AIR CUSHION - MARBLE WOOD AIR VENT - BOAR & NYLON

This brush is made with natural boar bristle to gently comb out any knots and tangles and increase your hair's natural shine. The nylon bristles stimulate the scalp to help create an optimal scalp environment for healthy hair growth. With a chic ergonomically correct wooden handle, brushing your hair has never felt or looked so good! [Ysparkusa.com](http://Ysparkusa.com)



## 2. DRY SHAMPOO

With all of the quick changes, models' hair will often go through several different looks. In order to maintain healthy hair, models will only wash their hair 1-2 times per week. You will find a bottle of dry shampoo in every single model's bag. Try Alterna Bamboo Beach Mango Coconut Refreshing Dry Shampoo. It leaves your hair with just the right amount of body and texture and smells like your vacation. [Alternahaircare.com](http://Alternahaircare.com)



## 3. KEVIN MURPHY MAXI WASH

Modeling the latest fashion trends can leave a lot of product build up on the hair. In every model's shower you will find a clarifying shampoo. We recommend Kevin Murphy's Maxi Wash. Unlike other clarifying shampoos, Maxi Wash is an alpha hydroxy shampoo and contains essential oils to help heal and balance your scalp. It gently polishes your strand removing product and mineral buildup without stripping your hair and scalp of its natural oils. [Kevinmurphy.com.au](http://Kevinmurphy.com.au)

## 4. NAK "TREAT WITH CARE" CONDITIONING TREATMENT

Hairstyling products, especially hair spray, can be very drying to the hair. During fashion week one can only imagine how many cans of hairspray are used. To ensure their hair stays healthy, models always deep condition their hair once a week. We recommend Nak, Treat With Care Conditioning Treatment. This treatment's main ingredient is shea butter which is absorbed by the hair restoring moisture, shine, and softness. Treat With Care Conditioning Treatment also contains a keratin amino acid which strengthens and repairs, while vitamin B5 improves your hair's pliability. [Nakhair.com.au](http://Nakhair.com.au)



## 5. HAIR BUNGEE

Models' ponytails always seem to look perfect. Their secret? The Hair Bungee. The ingenious design helps create a sleek professional high fashion ponytail in a snap without causing any damage to your hair! It can also be used to stylishly hold bangs back and create a fashionable braid. [Hairbungee.com](http://Hairbungee.com)



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